

MONSTER SPLASH

REC SWIM MEET

Date/Time: Friday, October 18th, 2024 with a 6 pm meet start.

Location: Valley Forge High School, 9999 Independence Blvd, Parma Heights, OH

Facility: 6 lane 25-meter pool.

Fee: \$50-\$75 per team

Registration Deadline: Oct. 15th by 12 noon (Email mgallagher@sevenhillsohio.org)

Timers: All teams are required to provide two timers for the entire swim meet

Entry Limitations: Four events per swimmer in any combination

Eligibility: 18 and Under

Scoring: Individuals and relays will be scored.

Mixed Meet Events

10 and Under 100 Medley Relay

Open 200 Medley Relay

Open 100 Freestyle

10 and Under 25 Butterfly

Open 50 Butterfly

10 and Under 25 Backstroke

Open 50 Backstroke

10 MINUTE BREAK (If needed)

Open 100 IM

10 and Under 25 Breaststroke

Open 50 Breaststroke

10 and Under 25 Freestyle

Open 50 Freestyle

10 and Under 100 Freestyle Relay

Open 200 Freestyle Relay

