

CLE Swimming Practice Schedule

(All practices at NORC unless noted)

Practice times are effective October 26th, 2024

***NO PRACTICE DATES – SUBJECT TO CHANGE: 10/31, 11/24, 11/26, 11/27, 11/28, 11/29, 12/11, 12/12, 12/14, 12/18, 12/21, 12/23, 12/25, 1/1, 1/8, 1/9, 1/13**

| Group | Day | Time |
|----------------------------|---|---|
| Golden Eagles | Tuesday/Thursday (NORC) | 5:30 – 6:30 PM |
| Rocket Junior | Mon/Weds/Fri (NORC) Tues/Thurs (NORC) Sat (NORC) <i>Method: Tues/Thurs</i> | 7 – 8 PM 6:30 – 8 PM 7 – 9 AM <i>5 – 6 PM</i> |
| Rocket Senior/NOHS Winter | Mon/Weds (NORC) Tues/Thurs (NORC) Sat (NORC) <i>Method: Tues/Thurs</i> | 5:30 – 8 PM 6:30 – 8 PM 7 – 9 AM <i>5 – 6 PM</i> |
| Eagles Rec Winter 14&Under | Weds/Fri (NORC) | 7 – 8 PM |