

Black Swamp Invitational 10/18 – 10/20/2024 Held under the sanction of USA Swimming Sanction #:



| Location: | Hawk-Bucci Natatoriur Fremont Ross High Sc 1100 North Street | | | | |
|---|--|---|--|--|--|
| Facility: | Fremont, OH 43420 • 10 lane competition pool (minimum depth 6 feet) • The pool has a water depth measured at a minimum of 6 feet from both ends of the walls. • 4 additional warm-up/cool-down lanes (4-5 feet deep) • Complete Daktronics Timing System with Full Color Video Board • Spectator Seating w/ upper & lower decks capable of seating between 400-750 depending on meet needs. • The host will ensure the required course dimensions. | | | | |
| Meet Director: | Josh Fate coachfate@gmail.com | | | | |
| Meet Referee: | Scott Lang Scott.lang@mcri-us.cc | m | | | |
| Officials Contact for the Meet: | David Brown dgbcurtis@gmail.com | | | | |
| Entry Chair: | Josh Fate coachfate@gmail.com | | | | |
| Disclaimer: | In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. | | | | |
| Meet Type: | Open Meet Timed Finals | | | | |
| # of Sessions: | 5 Friday PM** Saturday AM** Saturday PM Sunday AM** Sunday PM **The building doors sessions. | Warm-ups: Warm-ups: Warm-ups: Warm-ups: Warm-ups: warm-ups: | 4:00-5:00 PM 8:00-9:00 AM 1:00-2:00 PM 8:00-9:00 AM 1:00-2:00 PM mers or spectators | Meet Starts: Meet Starts: Meet Starts: Meet Starts: Meet Starts: until 15 minutes b | 5:05 PM 9:05 AM 2:05 PM 9:05 AM 2:05 PM pefore the start of the warm-up |
| Medical Supervision available to athletes | Lifeguards, AED, Basi | c first aid | | | |

| Organization Regula | ations/Waivers |
|-----------------------|---|
| USA Swimming Rules | • At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. |
| | • Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |
| | • The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. |
| | • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. |
| | Deck changes are prohibited. |
| | • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| | Flash photography is not permitted at the start of any race. |

| Organization Regulation | ons/Waivers |
|---|--|
| | • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. |
| Technical Suit Ban | Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. |
| | A Technical Suit is one that has the following components: |
| | Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type. |
| Ohio State Laws that are applicable to Ohio Swimming sanctioned events | • Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. |
| | • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4. |
| Safe Sport 360 | • The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. |
| | • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. |
| | Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. |
| | • All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. |
| Waiver/Release | • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. |
| | All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet. |

| Entering the Meet | |
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| Eligibility: | No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. |
| | All contestants must be verified USA Swimming members. Membership will not be verified at the meet. |
| | Membership verification deadline is 5 PM EST one (1) business day prior to the first day of the meet (10/19/23). Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. |
| | All adult athletes must hold current Athlete Protection Training certification. |
| | Age on the first day of the meet will determine age for the entire meet. |
| Disability Swimmers: | Ohio Swimming welcomes swimmers with a disability. |
| | Entry Procedures: |
| | 1. Enter the USA-S swimmers with a disability electronically or on the paper entry form. |

| Entering the Meet | |
|-----------------------------------|---|
| | 2. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. |
| | List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. |
| | • Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non- conforming time to ensure seeding in the initial heats. |
| | See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3). |
| Entry Limits | • Swimmers may swim a maximum of 4 individual events per day (3 on Friday). |
| Entry Fees: | • \$5 per individual event. |
| | • \$8 per relay event. |
| | • \$5 OH LSC surcharge per swimmer. |
| | \$12 Facility Fee |
| | PDF heat sheets will be provided to all teams ahead of time. No admissions charge. |
| Entry Procedures: | Deadline for receipt of entries is 10/11/2024. |
| | • Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). |
| | • Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. |
| | Send entries via email to: sosmeetentries@gmail.com |
| | Please include the names of any Outreach swimmers in the email. |
| | Checks should be made payable to: Sand Otter Swimming |
| | "No Time" (NT) entries will be accepted. |
| | The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session. |
| Warm-up and Safety Guidelines: | • The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. |
| | Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). |
| | • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. |
| | Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. |
| | No spectators allowed on deck. |
| Competition | This meet will be a timed finals meet. |
| Guidelines: | This meet will be contested in SCY. |
| | • This meet will be pre-seeded. Deck entries will/will not be accepted at the meet. |
| | No Clerk of Course will be available for 8 & Under events. |
| | 25s will start at the block end of the pool |
| Scratch Procedures | No scratch procedures |
| Deck Entries | NO Deck Entries |
| Awards: | There will be awards at this meet for 12& Under. Medals 1st through 3rd, Ribbons to 16th. Results will not be posted during the meet. |
| General: | Hospitality for coaches and officials |
| | Poco Loco and R&R Identification will be on site for swimming and t-shirt needs |
| | Food trucks may be present |
| 0.1.10.1.1 | Each team should provide bottled water for officials, coaches and volunteers during the meet. |
| Code of Conduct: | Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. |

| | 2024 | Black Swa | mp Invita | ational |
|-------|-----------------------------|-----------|-----------|---------|
| Girls | Friday | Boys | | |
| 101 | Open 400 IM | 102 | | |
| 103 | 12 & Under 200 IM | 104 | | |
| 105 | Open 200 Breast | 106 | | |
| 107 | Open 200 Fly | 108 | | |
| 109 | 10 & Under 200 Free | 110 | | |
| 111 | Open 200 back | 112 | | |
| 113 | Open 1000 Free | 114 | | |
| Girls | Saturday AM | Boys | Girls | |
| 201 | 10 & Under 100 Free | 202 | 401 | |
| 203 | 8 & Under 50 Free | 204 | 403 | |
| 205 | 11-12 Girls 100 Free | | 404 | |
| 206 | 10 & Under 50 Back | 207 | 406 | |
| 208 | 8 & Under 25 Back | 209 | 408 | |
| 210 | 11-12 Girls 50 Back | | 409 | |
| 211 | 8 & Under 100 IM | 212 | 411 | |
| 213 | 10 & Under 100 IM | 214 | 412 | |
| 215 | 11-12 Girls 100 IM | | 414 | |
| 216 | 10 & Under 50 Fly | 217 | 415 | |
| 218 | 8 & Under 25 Fly | 219 | 417 | |
| 220 | 11-12 Girls 50 Fly | | 419 | |
| 221 | 10 & Under 100 Breast | 222 | 420 | 8& |
| 223 | 11-12 Girls 100 Breast | | 422 | 10 & |
| 224 | 8 & Under 100 Free Relay | 225 | 424 | 11-1 |
| 226 | 10 & Under 200 Free Relay | 227 | Girls | |
| 228 | 11-12 Girls 200 Free Relay | | 501 | |
| Girls | Saturday PM | Boys | | |
| 301 | Open Mixed 200 Medley Relay | 301 | 503 | |
| | 11-12 Boys 100 Free | 302 | | |
| 303 | Open 100 Free | 304 | 506 | |
| | 11-12 Boys 50 Back | 305 | | |
| 306 | Open 50 Back | 307 | 509 | |
| | 11-12 Boys 100 IM | 308 | | |
| 309 | Open 200 IM | 310 | 512 | |
| | 11-12 Boys 50 Fly | 311 | | |
| 312 | Open 50 Fly | 313 | 515 | |
| | 11-12 Boys 100 Breast | 314 | | 11-1 |
| 315 | Open 100 Breast | 316 | 518 | 0 |
| | 11-12 Boys 200 Free Relay | 317 | 520 | |
| 318 | Open 200 Free Relay | 319 | · | |
| | Open 500 Free | 320 | | |

| Girls | Sunday AM | Boys |
|------------|------------------------------|------|
| 401 | 10 & Under 100 Fly | 402 |
| 403 | 11-12 Girls 100 Fly | |
| 404 | 8 & Under 25 Breast | 405 |
| 406 | 10 & Under 50 Breast | 407 |
| 408 | 11-12 Girls 50 Breast | |
| 409 | 8 & Under 100 Free | 410 |
| 411 | 11-12 Girls 200 Free | |
| 412 | 10 & Under 100 Back | 413 |
| 414 | 11-12 Girls 100 Back | |
| 415 | 8 & Under 25 Free | 416 |
| 417 | 10 & Under 50 Free | 418 |
| 419 | 11-12 Girls 50 Free | |
| 420 | 8 & Under 100 Medley Relay | 421 |
| 422 | 10 & Under 200 Medley Relay | 423 |
| 424 | 11-12 Girls 200 Medley Relay | |
| Girls | Sunday PM | Boys |
| 501 | Mixed 200 Free Relay | 501 |
| | 11-12 Boys 100 Fly | 502 |
| 503 | Open 100 Fly | 504 |
| | 11-12 Boys 50 Breast | 505 |
| 506 | Open 50 Breast | 507 |
| | 11-12 Boys 200 Free | 508 |
| 509 | Open 200 Free | 510 |
| | 11-12 Boys 100 Back | 511 |
| 512 | Open 100 Back | 513 |
| | 11-12 Boys 50 Free | 514 |
| | | 516 |
| 515 | Open 50 Free | 510 |
| 515 | 11-12 Boys 200 Medley Relay | 510 |
| 515 518 | | |

Summary of Fees/Release Form SOS Black Swamp Invitational

| Team Name | |
|---|--|
| Club Representative | |
| Club Rep Email (for questions about entries) | |
| Coach Attending | |
| Coach Phone | |
| Coach Email | |

| Item | Total # | Cost per | Total |
|---|---------|---------------------|-------|
| Individual Entries (exclude Outreach) | | \$5.00 per event | |
| Relay Entries | | \$8.00 per relay | |
| OSI Swimmer Surcharge (exclude Outreach) | | \$5.00 per swimmer | |
| Host Team Facility Surcharge (exclude Outreach) | | \$12.00 per swimmer | |
| Total Fees Due | | | |

Please list any Outreach Swimmers Below:

| Total # outreach IEs: | otal # outreach IEs: | Total # of Outreach swimmers x \$xx surcharge: | |
|-----------------------------------|----------------------|--|--|
| (# swimmers x # entries x \$x.xx) | | | |

(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Sand Otter Swimming, Fremont Ross High School, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

| Club Title (C | coach etc) |
|---------------|------------|
|---------------|------------|

Name of Club

Date

Send this form with check to: Sand Otter Swimming PO Box 473 Fremont OH, 43420