

	2024 GTAC Holy Toledo May 18th-19th, 2024 Held under the sanction of USA Swimming Sanction #: OH-24SC-16	Hosted by Greater Toledo Aquatic Club
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Location:	Bowling Green State University 1411 Ridge Street Student Recreation Center Bowling Green Ohio 43403 419.372.2000
Facility:	8-Lane, 50-meter pool. 13 feet at the dive end and 4 feet at the turn end of the competition pool. 8 Lanes in the competition pool. Blocks with wedges. Colorado Timing System with scoreboard display. Indoor pool. The host will ensure the required course dimensions.
Meet Directors:	Brent Ransom and John Bohm gtacswimming@gmail.com
Meet Referee:	Joe Sobczak gtacswimming@gmail.com
Officials Contact for the Meet:	Joe Sobczak gtacswimming@gmail.com
Entry Chair:	John Bohm gtacentries@gmail.com
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Invitational Meet-Timed Final
# of Sessions:	Four (4)
Medical Supervision available to athletes	Lifeguards are trained to handle water rescues and first aid on deck. AED devices are also available on site. Please report all first aid issues to the Aquatic Staff.

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to	<ul style="list-style-type: none"> Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the

Organization Regulations/Waivers	
Ohio Swimming sanctioned events	<p>National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion.</p> <ul style="list-style-type: none"> There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	<ul style="list-style-type: none"> The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
Waiver/Release	<ul style="list-style-type: none"> By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Code of Conduct	<ul style="list-style-type: none"> Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

Entering the Meet and Competition Information	
Eligibility:	<ul style="list-style-type: none"> All meet contestants must be a member in good standing per Article 302. All contestants must be verified USA Swimming members. Membership will not be verified at the meet. Membership verification deadline is 5 PM EST one (1) business day prior to the first day of the meet (May 17th) Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet.

Entering the Meet and Competition Information	
Swimmers with a Disability:	<ul style="list-style-type: none"> • Entry Procedures: <ol style="list-style-type: none"> 1. Enter the USA-S swimmers with a disability electronically with your team entries. 2. Email the Meet Accommodation / Modification Form included in this meet information to the entry chair. • Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. • See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	<ul style="list-style-type: none"> • Swimmers may swim a maximum of 5 individual events per day. • \$5 per individual event. • \$5 OH LSC surcharge per swimmer. • \$12 Facility Fee per swimmer
Entry Procedures:	<ul style="list-style-type: none"> • Deadline for receipt of entries is May 8th at Noon • Entries must be submitted in LCM using an electronic meet entry software (Hy-Tek/Team Unify). • Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. • Send entries via email to: gtacentries@gmail.com • Please include the names of any Outreach swimmers in the attached entry summary and send to the above email. • Checks should be made payable to: Greater Toledo Aquatic Club • "No Time" (NT) entries will NOT be accepted. • The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> • The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. • Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. • No spectators allowed on deck.
Competition Guidelines:	<ul style="list-style-type: none"> • This meet will be a timed finals meet. • This meet will be contested in LCM. • This meet will be pre-seeded. Deck entries will be accepted at the meet (see Deck entry section below). • No Clerk of Course will be available for 8 & Under events.
Deck Entries	<ul style="list-style-type: none"> • Deck entries will be accepted at this meet for athletes verified by the published deadline in this meet information. Deck entries will be entered in empty lanes only. Deck entries will be \$10.00
Awards:	<ul style="list-style-type: none"> • There will not be awards at this meet. • Results will not be posted during the meet.
General:	<p>There will be no charge for admission. Heat sheets will be emailed to teams.</p> <p>Meet Mobile will be available, Technology permitting.</p> <p>There will be hospitality and limited pre-packaged concessions.</p>

2024 Holy Toledo Events							
	Session #1				Session #3		
	Saturday AM				Sunday AM		
Girls	Age	Event	Boys	Girls	Age	Event	Boys
101	11-12	200 Freestyle	102	301	11-12	200 IM	302
103	10 & Under	200 Freestyle	104	303	10 & Under	200 IM	304
105	11-12	50 Breaststroke	106	305	11-12	200 Backstroke	306
107	10 & Under	50 Breaststroke	108	307	10 & Under	50 Butterfly	308
109	11-12	100 Backstroke	110	309	11-12	50 Butterfly	310
111	10 & Under	100 Backstroke	112	311	10 & Under	100 Freestyle	312
113	11-12	200 Breaststroke	114	313	11-12	100 Freestyle	314
115	10 & Under	50 Freestyle	116	315	10 & Under	100 Breaststroke	316
117	11-12	50 Freestyle	118	317	11-12	100 Breaststroke	318
119	10 & Under	100 Butterfly	120	319	10 & Under	50 Backstroke	320
121	11-12	100 Butterfly	122	321	11-12	50 Backstroke	322
123	11-12	400 IM	124	323	11-12	200 Butterfly	324
				325	11-12	400 Free	326
	Session #2				Session #4		
	Saturday PM				Sunday PM		
Women	Age	Event	Men	Women	Age	Event	Men
201	13 & Over	200 Breaststroke	202	401	13 & Over	200 IM	402
203	13 & Over	50 Freestyle	204	403	13 & Over	100 Freestyle	404
205	13 & Over	200 Butterfly	206	405	13 & Over	50 Butterfly	406
207	13 & Over	100 Backstroke	208	407	13 & Over	200 Backstroke	408
209	13 & Over	200 Freestyle	210	409	13 & Over	100 Breaststroke	410
211	13 & Over	50 Breaststroke	212	411	13 & Over	50 Backstroke	412
213	13 & Over	400 IM	214	413	13 & Over	100 Butterfly	414
				415	13 & Over	400 Free	416

Summary of Fees/Release Form - 2024 GTAC Holy Toledo

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$5 per event	
OSI Swimmer Surcharge (exclude Outreach)		\$5.00 per swimmer	
Host Team Facility Surcharge (exclude Outreach)		\$12 per swimmer	
Total Fees Due			

Please list any Outreach Swimmers Below:

Total # outreach IEs: (# swimmers x # entries x \$5.00)		Total # of Outreach swimmers x \$17 surcharge:	
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(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members **IN GOOD STANDING**. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Greater Toledo Aquatic Club, BGSU Student Recreation Center, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to: (Checks Made Payable to Greater Toledo Aquatic Club)
 St. Francis DeSales High School
 c/o Brent Ransom
 2323 W. Bancroft Street
 Toledo, Ohio 43607

Ohio Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event?

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.