

2022 BGSC June Invite June 4-5, 2022 Held under the sanction of USA Swimming

Sanction #: OH-

| Location: | Bowling Green State University |
|-----------------------|--|
| | 1411 Ridge Street Student Recreation Center |
| | Bowling Green Ohio 43403 |
| | 419.372.2000 |
| Facility: | 8-Lane, 50-meter pool. 13 feet at the dive end and 4 feet at the turn end of the competition pool. 8 Lanes in the competition pool. Blocks with wedges. Colorado Timing System with scoreboard display. Indoor pool. The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming. |
| Meet Director: | Julie Price 419.340.2754 Jasmine0857@gmail.com |
| Meet Referee: | Tom Knox |
| Officials Contact for | Tom Knox |
| the Meet: | <u>tknox@bgsu.edu</u> 419.601.5698 |
| Entry Chair: | Gary Layne bgscgatorsmeetentries@gmail.com 419.367.1081 |
| Sanction: | In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |
| | As a condition of sanction, Bowling Green Swim Club agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio, local jurisdictions and the Bowling Green Swim Club Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period. |
| Meet Type: | Invitational Meet: |
| | This will be an in-person meet. |
| # of Sessions: | Four (4) |

Disclaimers

Bowling Green Swim Club has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

| Organization Regulations/Waivers | | |
|----------------------------------|--|--|
| USA Swimming Rules | At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. | |
| | Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When | |

| Organization Regulation | ons/Waivers |
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| | unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |
| | • The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. |
| | • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. |
| | Deck changes are prohibited. |
| | • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| | Flash photography is not permitted at the start of any race. |
| | • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. |
| Technical Suit Ban | Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. |
| | A Technical Suit is one that has the following components: Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type. |
| Ohio State Laws that are applicable to Ohio Swimming sanctioned events | • Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. |
| | • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4. |
| COVID-19 | • Avoid getting closer than six (6) feet to anyone coughing or sneezing. |
| Information | • Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol. |
| | Avoid touching your eyes, nose, and mouth. |
| | • Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands. |
| | Stay home if you are sick, and away from the pool and from fellow team members. |
| | FACE COVERINGS: All meet participants – coaches, officials, administrators, spectators, vendors and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules. |
| Waiver/Release | • By entering this meet, you are granting permission for the names of any, or all, of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. |
| | All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet. |

| Entering the Meet | | | |
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| Eligibility: | • All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet. | | |
| | All adult athletes must hold current Athlete Protection Training certification. | | |
| | Age on the first day of the meet will determine age for the entire meet. | | |
| Disability Swimmers: | Ohio Swimming welcomes swimmers with a disability. | | |
| | Entry Procedures: | | |
| | 1. Enter the USA-S swimmers with a disability electronically or on the paper entry form. | | |
| | 2. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. | | |
| | List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. | | |

| Entering the Meet | | | |
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| | • Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non- conforming time to ensure seeding in the initial heats. | | |
| | See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3). | | |
| Entry Limits | Swimmers may swim a maximum of 5 individual events per day. | | |
| Entry Fees: | • \$5 per individual event | | |
| | \$5 OH LSC surcharge per swimmer. | | |
| | \$12 Facility Fee per swimmer | | |
| Entry Procedures: | Deadline for receipt of entries is Sunday May 23, 2022. 9:00pm. | | |
| | • Entries must be submitted in LCM using an electronic meet entry software (Hy-Tek/Team Unify). | | |
| | • Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. | | |
| | Send entries via email to: bgscgatorsmeetentries@gmail.com | | |
| | Please include the names of any Outreach swimmers in the email. | | |
| | Checks should be made payable to: Bowling Green Swim Club | | |
| | "No Time" (NT) entries will not be accepted in order to have accurate timelines. | | |
| | • The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session. | | |
| Warm-up and Safety Guidelines: | • The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. | | |
| | • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). | | |
| | • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. | | |
| | Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. | | |
| Competition | This meet will be a timed finals meet. | | |
| Guidelines: | This meet will be contested in LCM. | | |
| | This meet will be deck-seeded. Deck entries will be accepted at the meet. | | |
| | No 8 & Under events. | | |
| | Distance events of 400 meters or longer will be seeded fastest to slowest. | | |
| | Please enter "Long-Course Experienced" swimmers. | | |
| Awards: | There will not be awards at this meet. Results will not be posted during the meet. | | |
| General: | There will be prepackaged concessions and light hospitality at the meet. No vendor. | | |
| | | | |

2022 BGSC June Invite ORDER OF EVENTS

ALL swimmers must be entered with Long Course Meter times to be sure timelines are as accurate as possible! All swimmers will be required to positive check in for each session. Events will be deck seeded

| Session #1 -12&u Saturday a.m. | | | sion #2 -13+over Saturday p.m. |
|--|---|---|---|
| <u>Event</u> <u>#</u> | Event Description | <u>Event #</u> | Event Description |
| 101 | 200 IM | 201 | Mix 200 fly |
| 102 | Mixed 100 fly | 202 | Mixed 100 free |
| 103 | Mixed 100 back | 203 | Mixed 200 back |
| 104 | Mixed 100 free | 204 | Mixed 100 breast |
| 105 | Mixed 50 breast | 205 | Mixed 200 IM |
| 106 | Mixed 400 free | 206 | Mixed 400 free |
| Session #3 -12&u | | | |
| ••• | | Ses | sion #4 -13+over |
| ••• | ssion #3 -12&u Sunday a.m. | Ses | sion #4 -13+over Sunday p.m. |
| ••• | | Ses <u>Event #</u> | |
| <u>Event</u> | Sunday a.m. | | Sunday p.m. |
| <u>Event</u> | Sunday a.m. <u>Event Description</u> | Event # | Sunday p.m. Event Description |
| <u>Event</u> <u>#</u> 301 | Sunday a.m. Event Description Mixed 200 free | Event # 401 | Sunday p.m. Event Description Mixed 200 breast |
| Event <u>#</u> 301 302 | Sunday a.m. Event Description Mixed 200 free Mixed 100 breast | Event # 401 402 | Sunday p.m. Event Description Mixed 200 breast Mixed 100 fly |
| Event <u>#</u> 301 302 303 | Sunday a.m. Event Description Mixed 200 free Mixed 100 breast Mixed 50 fly | Event # 401 402 403 | Sunday p.m. Event Description Mixed 200 breast Mixed 100 fly Mixed 200 free |
| Event # 301 302 303 304 | Sunday a.m. Event Description Mixed 200 free Mixed 100 breast Mixed 50 fly Mixed 50 free | Event # 401 402 403 404 | Sunday p.m.Event DescriptionMixed 200 breastMixed 100 flyMixed 200 freeMixed 100 back |

| Team Name | |
|--------------|--|
| Club Name | |
| Coach | |
| Coach Phone | |
| Coach Email | |
| Team Address | |

| Item | Total # | Cost per | Total |
|------------------------------|---------|--------------------|-------|
| Individual Entries | | \$5 per event | |
| Relay Entries | Х | \$ per relay | Х |
| OSI Swimmer Surcharge | | \$5.00 per swimmer | |
| Host Team Facility Surcharge | | \$12 per swimmer | |
| Total Fees Due | | | |

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Bowling Green Swim Club, BGSU Student Recreation Center, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Send this form with check to: Bowling Green Swim Club P.O. Box 793 Bowling Green, Ohio 43402 Date

PLEASE LIST ANY OUTREACH SWIMMERS HERE:

| Name | Number of Events |
|------|------------------|
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APPENDIX 1: Meet Safety Plan for Bowling Green Swim Club and all participating teams

| Facility Information | |
|----------------------|---|
| Facility Rules and | (1) Swimmers will enter the facility using the ADA access. Exit only through the |
| Policies: | ADA entrance of the SRC. |
| | (2) Smoking is not allowed on the campus of BGSU. |
| | (3) All swimmers are to stay in the areas of the Recreation Center designated for the |
| | swim meet (Cooper Pool and possibly the bleacher area – this will be identified in |
| | advance). Other areas of the Recreation Center will be closed or in use by |
| | individuals or groups during the meet. |
| | (4) No concessions, hospitality, or vendor will be in the facility. Any food or |
| | beverages brought into the pool should be prepackaged or well-sealed in a lunch |
| | box and inside the swimmers' backpack/swim bag. |
| | (5) Only swimmers, coaches, officials and meet personnel are to be on deck. |
| | (6) For their own safety, if the spectator bleacher areas are used, swimmers must |
| | wear shoes or sandals when they go upstairs. |
| | (7) All SRC rules and regulations are in effect during all meet sessions. |

For posting at the Meet Facility and/or added to Heat Sheets

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