COMPETITIVE PROGRAMS

GOLDEN EAGLES	ROCKET JUNIOR	ROCKET SENIOR
Ages 10&Under	Ages 9 – 14	High school ages
*Based on age as of Feb. 28 th *	*By invite only or try-out*	*By invite only or try-out*

Practice 2x a week
Tues & Thurs 5:30 – 6:30 pm

Practice 5x week

Mon-Thurs 6:30 – 7:30 pm

Practice 5x week

Mon-Thurs 6:30 – 7:30 pm
Saturday 7 – 9 am

Saturday 7 – 9 am

Saturday 7 – 9 am

Method Tues/Thurs 5 – 6 pm

Open enrollment. Swimmers need to be able to swim a 25 of freestyle and backstroke to begin.

Swimmers must have achieved a USA NAG "BB" time standard to join without coach permission or try-out.

For High School swimmers with USA NAG "A" time standards or individually qualified to Ohio HS Districts. Must commit to a minimum of 5 practices per week and attending twice weekly lifting.

Monthly cost: \$99/month

Monthly cost: \$149/month

Monthly cost: \$199/month

COMMUNITY PROGRAMS

EAGLES REC 14&UNDER WINTER

Practice 2x week
Wednesday/Friday 7 – 8 pm

This group has limited capacity due to High School season schedules. Eagles Rec 12&Under and Eagles Rec 13&Over Groups will resume in the spring (March 31st) after the High School season concludes.

Monthly cost: \$105/month

No required facility memberships

ALL GROUPS HAVE A ONCE PER YEAR \$50 REGISTRATION FEE

QUESTIONS: EMAIL - RICH@CLESWIMMING.COM OR TEXT: (440)574-0CLE (0253)